



Netball ACT

Return to Play in a COVID-Safe Environment
Plan

Netball ACT pays respect to the traditional custodians of our ancient continent, Aboriginal and Torres Strait Islander peoples, we honour their continuing connection to country and their custodianship of the world's oldest living culture.

1. PURPOSE

Netball ACT has drafted this document in line with the ACT Governments framework for community sport in the ACT, to assist District Associations and clubs in the development of their Return to Play in a COVID-Safe Environment Plans, as required within that framework.

2. SCOPE

It is a requirement of the ACT Government that a “Return to Play in a COVID – Safe Environment Plan” be prepared by each individual sporting organisation including peak bodies, associations and individual clubs. Netball ACT has developed this plan to be utilised by the ACT Netball community to ensure compliance across our sport with government requirements. Associations are to submit their completed Return to Play in a COVID – Safe Environment Plans directly to Netball ACT and Clubs, directly to their District Association for acceptance and sign off, prior to re-commencement of netball activities within the ACT Government guidelines.

To assist in the preparation of individual plans, we strongly recommend reference to the ACT Governments “Framework for community sport in the ACT” document:
https://www.sport.act.gov.au/_data/assets/pdf_file/0003/1547319/Return-to-sport_Framework_0.1.pdf

Further information can also be found on the “Return to Netball” page on the Netball ACT website at: <https://act.netball.com.au/return-netball>

3. ORGANISATIONAL DETAILS

Name of affiliated District Association: Canberra Netball Association

Name of affiliated Club: N/A

Venue(s) to which this plan relates: Canberra Netball Association outdoor courts and clubhouse

Date completed: 21 May 2020 / Updated 27 May 2020 / Updated 17 February 2021

Return to Play Framework	Return to Play Considerations	Association / Club Actions
Hygiene	Pre & post activity	Participants must use hand sanitiser upon entry and exit. Participants must comply with the Netball Australia Essential Hygiene Protocols: https://netball.com.au/sites/default/files/2020-05/NA-CommunityGuidelines-Covid-19-Netball-Hygiene.pdf
	Provision of Hand sanitiser	CNA will provide hand sanitiser for participants at the entry and exit points, and in the bathroom and clubhouse, for CNA representative training. Affiliated clubs are responsible for providing their own hand sanitiser.
	No sharing of personal equipment	Participants must comply with the Netball Australia Essential Hygiene Protocols: https://netball.com.au/sites/default/files/2020-05/NA-CommunityGuidelines-Covid-19-Netball-Hygiene.pdf
	Spitting & nasal secretions	Participants must comply with the Netball Australia Essential Hygiene Protocols: https://netball.com.au/sites/default/files/2020-05/NA-CommunityGuidelines-Covid-19-Netball-Hygiene.pdf
	Limited sharing of equipment	CNA and affiliated club coaches must ensure that equipment sharing is kept to a minimum.
	Use of communal facilities	The external CNA bathroom will be open for use. Users of the clubhouse must maintain social distancing measures. Max 50 people in the clubhouse at any time, adjusted down to comply with the 1 person per 4m ² rule as required.
	Unwell participants	If any participant is unwell, they must depart the CNA courts immediately and comply with ACT Health guidelines: https://www.covid19.act.gov.au/protecting-yourself-and-others/feeling-unwell
Physical Distancing	"Get in, train, get out"	Training sessions are no longer subject to time restrictions, but participants must not loiter at the courts unnecessarily.
	Separated small groups of 10	N/A under current restrictions
	Physical contact between participants	When moving between the designated training court and entry and exit points, participants must maintain a 1.5m distance from each other.
	Adequate spacing (1 person x 2 square	Under ACT Government restriction Stage 4 spacing is now 1 person per 2 square metres for outdoor spaces.

	metres)	CNA and affiliated club coaches are responsible for ensuring that participants maintain social distancing measures.
	Spectators / parents / carers	Spectators are limited to 2x per player during the NCNC season.
	Venue entry / exit procedures	CNA designates and signposts an entry and exit point at the CNA courts. Participants are to enter and exit the CNA courts as signposted. Participants are encouraged to sign in using the CHECK-IN CBR APP. Participants must use hand sanitiser upon entry and exit.
Activity / Sport Specific	Training formats (i.e. - small groups)	N/A
	Protocols - capture & recording of participant details including use of Australian Government COVIDSAFE app	Participants are encouraged to sign in using the CHECK-IN CBR APP. Participants must use hand sanitiser upon entry and exit. CNA representative coaches must record the name of each participant as directed by the CNA Head Coach, within 24 hours of the end of the training session. All affiliated clubs must record the name of each participant as directed by the Vice President Competitions, within 24 hours of the end of the training session.
	Defined training spaces ensuring adherence to hygiene and physical distancing principles	CNA will separate the courts into two spaces with capacity for 500 people each (max 1000) Training sessions are no longer subject to time restrictions. Participants will adhere to the 'get in, train, get out' principle.
	Instructions to participants on training practices	The CNA head coach will ensure that: a. all CNA representative coaches and athletes are provided a copy of this plan; and b. all CNA representative coaches and players participate in an induction session, before CNA representative coaches and players participate in a training session. The CNA Vice President Competitions will ensure that all affiliated clubs: a. are provided with a copy of this plan;

		<p>b. participate in an induction session; and</p> <p>c. complete and submit their own plan to CNA, before an affiliated club conducts a training session.</p>
	Equipment cleaning protocols	<p>CNA will stock the bathroom with soap, and maintain a cleaning log.</p> <p>Affiliated clubs are responsible for providing their own cleaning equipment.</p> <p>CNA and affiliated club coaches must ensure that all shared equipment (including goal post pads, if used) are cleaned at the end of training, in compliance with Netball Australia guidelines: https://netball.com.au/sites/default/files/2020-05/NA-CommunityGuidelines-Covid-19-Netball-Sanitising.pdf</p>
	Avoid physical contact (Training / Social)	<p>Participants must comply with the Netball Australia Essential Hygiene Protocols: https://netball.com.au/sites/default/files/2020-05/NA-CommunityGuidelines-Covid-19-Netball-Hygiene.pdf</p> <p>Participants must maintain a 1.5 distance from each other during training.</p> <p>When moving between the designated training court and entry and exit points, participants must maintain a 1.5m distance from each other.</p>
	Any other venue specific protocols	<p>The CNA clubhouse will only be open for up to 50 people at a time, adjusted down to comply with the 1 person per 4m2 rule as required.</p> <p>Users of the clubhouse must maintain social distancing measures.</p> <p>The CNA canteen will be open.</p>
Communication	Communication to participants around training formats & expectations	<p>The CNA head coach will ensure that:</p> <p>a. all CNA representative coaches and athletes are provided a copy of this plan; and</p> <p>b. all CNA representative coaches and players participate in an induction session,</p> <p>before CNA representative coaches and players participate in a training session.</p> <p>The CNA Vice President Competitions will ensure that all affiliated clubs:</p> <p>a. are provided with a copy of this plan;</p> <p>b. participate in an induction session; and</p> <p>c. complete and submit their own plan to CNA, before an affiliated club conducts a training session.</p>
	Communication to participants around	CNA encourages participants to sign in using the CHECK-IN CBR APP.

	the need for Contact Tracing register	
	Clear guidance for staff, coaches & volunteers on activity requirements	The CNA President will ensure that: a. all CNA committee members, and the CNA Head Coach, are provided with a copy of this plan; and b. all CNA committee members, and the CNA Head Coach, participate in an induction session, before the commencement CNA representative training.
	Venue signage	CNA will ensure that information about COVID-19 restrictions, hygiene measures and 'ENTRY' and 'EXIT' points is displayed on signage at the CNA courts. The QR code for the CHECK-IN CBR APP is displayed for participants to use.
	Inform parents and spectators on their responsibilities	CNA will ensure that information about COVID-19 restrictions, hygiene measures and any updates to this plan, is communicated to parents, carers and spectators of representative players via: a. email; a. TeamApp; b. the CNA website; and/or c. CNA social media.
	Making Return to Sport in COVID-safe Environment Plan accessible	CNA will publish a copy of this plan (and all updated versions) on the CNA website.
Incident Management	Protocols for quarantine /self-isolation in the event of a positive result within your organisation	CNA and affiliated club coaches must check that no one is unwell at the start of training and complete a Training Checklist. If a participant goes home unwell, the coach must include this information when reporting the attendee list to CNA. CNA will cooperate with ACT Health upon confirmation of a positive COVID-19 case, including to assist in contact-tracing and potentially shutting/reducing access to the CNA courts if there has been a positive case in the area.
Review and Monitor	Process for review and monitoring	The CNA President is responsible for ensuring that this plan remains current and in compliance with directions from the ACT Government, Netball ACT and Netball Australia. All variations and updates to this plan must be endorsed by the CNA office holders, and signed by the CNA President and one other CNA office holder.

4. DECLARATION

This plan has been reviewed and endorsed by:

Name: Gill Shaw

Association / Club Position held: CNA President

Signature: 

Date: 21 May 2020 / Updated 27 May 2020 / Updated 17 February 2021

5. SIGN OFF

This plan has been reviewed by Canberra Netball Association and approved by:

Name: Shannon O'Connor

Netball ACT / District Association Position held: CNA Vice President Representatives

Signature: 

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