



CANBERRA Netball Association

SELECTION RUBRIC U13 and Over

Trial NO:	Age Group:	Positions:
<ul style="list-style-type: none"> For each skill area selectors must highlight/circle comments that best describes the skill of the athlete. Please make additional comments at the bottom of the page if appropriate. An athlete may be across more than one standard, for some aspects of the skill areas the athlete may exceed expectations and may only meet others. 		

CRITERIA	DEVELOPING	SATISFACTORY	ADVANCED
FOOTWORK MOVEMENT SKILLS	<ul style="list-style-type: none"> Sometimes displays balanced landing and footwork Reacts slowly when change of direction is required. 	<ul style="list-style-type: none"> Is balanced when landing, sprinting, pivoting, side stepping and dodging. Able to change direction but does not have agility or balance to work in small area. 	<ul style="list-style-type: none"> Is always well balanced when landing, sprinting, pivoting, side stepping and dodging. Displays excellent agility and change of direction.
BALL HANDLING	<ul style="list-style-type: none"> Demonstrates reasonable hand-eye coordination. Regularly fumbles pass Technique problems and makes poor decisions Throws the ball mostly with two hands. 	<ul style="list-style-type: none"> Demonstrates good hand-eye coordination. Sometimes fumbles difficult passes but mostly in control. Demonstrates correct technique and mostly accurate execution. Mostly throws the ball with one hand. 	<ul style="list-style-type: none"> Catches well under pressure and moves ball quickly into passing position. Delivers a variety of options under pressure and demonstrates use of ball either side of the body. Demonstrates good timing and speed of release. Displays good use of decision making.
ATTACKING	<ul style="list-style-type: none"> Sometimes is available in attacking situations. Limited attacking skills and lacks space awareness. 	<ul style="list-style-type: none"> Good vision and space awareness although occasionally crowds the area. Uses a variety of attacking skills. 	<ul style="list-style-type: none"> Demonstrates a variety of attacking options under pressure. Has spatial awareness, vision and good timing. Displays an understanding of reading the play.
DEFENDING	<ul style="list-style-type: none"> Sometimes uses defensive footwork or to contest a pass. Has a poor understanding of 3 feet. Sometimes has an awareness of where opponent is. 	<ul style="list-style-type: none"> Executes basic 1 v 1 defence Demonstrates an understanding of 3 feet. Usually has an awareness of where opponent is Attempts communication skills. 	<ul style="list-style-type: none"> Reads play consistently and positions to force turnover. Smart reader of the play and can cover multiple moves Uses 3 feet, consistently to apply pressure. Always has an awareness of where the opponent is. Demonstrates good communication skills.
KNOWLEDGE AND UNDERSTANDING OF GAME	<ul style="list-style-type: none"> Sometimes demonstrates tactical awareness. Basic positional skills are still being developed and lacks strategic understanding. 	<ul style="list-style-type: none"> Demonstrates satisfactory awareness. Executes skills required for the position, lacking in some strategic understanding. 	<ul style="list-style-type: none"> Demonstrates good tactical awareness. Ability to execute all skills and strategies required for the position. Demonstrates anticipatory skills and good decision making.
SHOOTING TECHNIQUE	<ul style="list-style-type: none"> Displays poor or no shooting technique 	<ul style="list-style-type: none"> Demonstrates correct and 	<ul style="list-style-type: none"> Demonstrates correct and



CANBERRA Netball Association

N/A	<ul style="list-style-type: none">• Misses most goals.	to medium range. <ul style="list-style-type: none">• Awareness of other shooter.	variety of ranges. <ul style="list-style-type: none">• Works with other shooter• Positions themselves for rebounding.
WORK ETHIC AND ATTITUDE	<ul style="list-style-type: none">• Sometimes displays good intensity throughout the training or quarter.• Displays a poor attitude towards coaches/helpers and players.	<ul style="list-style-type: none">• Mostly displays good intensity for most of the training or quarter.• Displays a good attitude towards• Coaches/helpers and other players.	<ul style="list-style-type: none">• Displays good intensity for the whole training or quarter.• Displays a positive attitude towards coaches/helpers and other players.